

## THE MAKING OF A FAMOUS MEDICINE

How Lydia E. Pinkham's Vegetable Compound Is Prepared For Woman's Use.

A visit to the laboratory where this successful remedy is made impresses even the casual looker-on with the reliability, accuracy, skill and cleanliness which attends the making of this great medicine for woman's ills.

Over 350,000 pounds of various herbs are used annually and all have to be gathered at the season of the year when their natural juices and medicinal substances are at their best.

The most successful solvents are used to extract the medicinal properties from these herbs.

Every utensil and tank that comes in contact with the medicine is sterilized and as a final precaution in cleanliness the medicine is pasteurized and sealed in sterile bottles.

It is the wonderful combination of roots and herbs, together with the skill and care used in its preparation which has made this famous medicine so successful in the treatment of female ills.

The letters from women who have been restored to health by the use of Lydia E. Pinkham's Vegetable Compound which we are continually publishing attest to its virtue.

### Every Woman Wants PAXTINE ANTISEPTIC POWDER

FOR PERSONAL HYGIENE  
Dissolved in water for douches stops pelvic catarrh, ulceration and inflammation. Recommended by Lydia E. Pinkham Med. Co. for ten years. A healing wonder for nasal catarrh, sore throat and sore eyes. Economical. Has extraordinary cleansing and germicidal power. Sample Free. 50¢ all drug stores or postpaid by mail. The Paxtine Toilet Company, Boston, Mass.

#### Record Log Raft.

While log rafts are by no means new, the huge raft recently constructed at Haparanda, Sweden, and used to ship a large number of logs to Copenhagen, Denmark, is worthy of passing mention. The great raft measured 387 feet long 55½ feet wide, 10 feet above the water line and 16½ feet below.

The raft took six months to build and contains as much wood as four big steamers. It is held together by an ingenious system of steel cables and wires, and is capable of carrying a large amount of material. The crew consists of seven men.

#### His Only Chance.

"I wish the police could get my client to confess that he did the crime of which he is accused," said the lawyer.

"Why?"

"The evidence is all against him, and I haven't a chance to get him off unless I can show that the police forced a confession out of him."

#### Useless Censorship.

First American Soldier (to pal, writing a letter in a shell-wrecked town): Here Jim, you aren't allowed to write your folks the name of this town that we're in. Somebody might recognize it.

Second American Soldier—Aw, gwan! Even a guy that had lived here all his life wouldn't be able to recognize it now.—Life.

**FARMERS ARE WORKING HARDER**  
And using their feet more than ever before. For all these workers the frequent use of Allen's Foot-Ease, the antiseptic, healing powder to be shaken into the shoes and sprinkled in the foot-bath, increases their efficiency and insures needed physical comfort. It takes the Friction from the Shoe, freshens the feet, and prevents tired, aching and blistered feet. Women everywhere are constant users of Allen's Foot-Ease. Don't get foot sore, get Allen's Foot-Ease. Sold by dealers everywhere.—Adv.

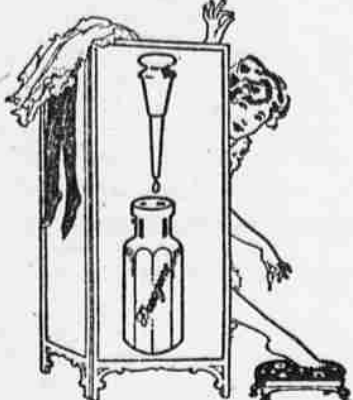
#### One Proof.

"Doesn't nature herself show us that system is necessary?"

"Well, I must admit she has made a shining success with her solar system."

### LIFT OFF CORNS!

Doesn't hurt a bit and costs only a few cents



Magic! Just drop a little Freezone on that touchy corn. Instantly it stops aching, then you lift the corn off with the fingers. Truly! No humbug!

Try Freezone! Your druggist sells a tiny bottle for a few cents, sufficient to rid your feet of every hard corn, soft corn, or corn between the toes, and calluses, without one particle of pain, soreness or irritation. Freezone is the discovery of a noted Cincinnati genius.

#### Women "Cultivate" Mustache.

The Ainu, the "Celtic" race of Japan, live in the island of Yeddo. The most noticeable peculiarity about Ainu women is that they have tattooed on their upper and lower lips what resembles a mustache. The women are not considered attractive without this decoration, and their matrimonial prospects are quite injured unless it appears.

The mustache is begun when the girl is quite a child, until it extends partly across the cheek, the material used being the soot from burning birch bark. The face is cut and the black rubbed in. Afterwards it is washed in a solution of ash bark liquor to fix the color.

The Ainu women are said to be usually finely formed, straight and well developed, with small hands and feet. Their eyes are a beautiful soft brown, their hair black and most luxuriant and their complexion olive, with often a deep, rich color in their cheeks.

The native cloth—of which their garments are made—is woven from the fiber of the bark of the elm tree.

#### Easy of Conviction.

Shocked Aunt—I am amazed that you'd let a man kiss you on such short acquaintance.

Pouting Niece—Well, he thoroughly convinced me that it was my own fault that I hadn't met him sooner.—Boston Transcript.

#### Susceptibility in Spuds.

The potato may not be particularly susceptible and yet it always succumbs to the masher.

## SUNDAY SCHOOL LESSON

(By REV. P. B. FITZWATER, D. D., Teacher of English Bible in the Moody Bible Institute of Chicago.)  
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### LESSON FOR JUNE 22

#### LOVE.

LESSON TEXT—I Cor. 13.  
GOLDEN TEXT—Now abideth faith, hope, love, these three; but the greatest of these is love.—I Cor. 13:13.  
ADDITIONAL MATERIAL—Lev. 19:18; Deut. 6:4, 5; John 10:27, 31; 1 John 4:7-21.  
PRIMARY TOPIC—How to Show Our Love.

JUNIOR TOPIC—Whom We Should Love and How.

INTERMEDIATE TOPIC—The Greatest Thing in the World.

SENIOR AND ADULT TOPIC—The Strongest Bond Between Men and Women.

The best gift of the Holy Spirit is the love of God shed abroad in our hearts. Not all can teach, preach, work miracles, speak with tongues; but the gift of love is within reach of all. The "more excellent way" of the last verse of chapter 12 is the way of love. Love is not a mere sentiment or emotion, but a mighty dynamic which transforms the life, expressing itself in practical service to men.

I. The Pre-eminence of Love (vv. 1-3).

It transcends:

(1) Speaking with tongues. For men to possess the loftiest eloquence, to be able to speak in other languages, and to be lacking in love is to be as sounding brass and a tinkling cymbal. Pleasing and powerful speaking is desirable, but to love is better.

(2) The gift of prophecy. To disclose the events of the future, to be able to unfold all mysteries—of nature and providence—is good but to love is better.

(3) Faith of the most vigorous kind. Such as would remove mountains.

(4) Philanthropy of the most generous sort, prompting one to surrender all earthly goods for the sake of the poor.

(5) Heroism which leads even to martyrdom without love is profitless.

II. The Attributes of Love (vv. 4-7).

1. It is long-suffering and kind. It means not only to bear long but to be kind—all the while. Patience is a remarkable virtue. It is much easier to bear long than to show the spirit of kindness all the while.

2. It is free from envy. Those who love are free from that envy which is engendered because of the good, or the success of others.

3. It is free from empty boasting. Love has as its supreme aim the doing of good to all and does not seek their admiration and applause.

4. It is well behaved. Love is polite and mannerly. It knows how to behave at all times.

5. It is unselfish. Love seeks the good of others and is forgetful of self.

6. Does not give way to passion. It is not quick tempered. It is not easily aroused to resentment.

7. It takes no delight in evil; does not impute evil motives to others; is not suspicious, but forgiving.

8. It rejoices in the truth. It sympathizes with that which is true and has a common joy with it.

9. It beareth all things—that is, it incases itself with its own mantle and shuts all evil out.

10. It is trustful, hopeful and firm.

III. The Permanence of Love (vv. 8-13).

Prophecy, as prediction, will be fulfilled; prophecy, as teaching, will be brought to an end in the day when teaching is not needed. "And they shall not teach every man his neighbor, and every man his brother, saying, Know the Lord: for all shall know me, from the least to the greatest" (Heb. 8:11; cf. Jer. 31:34). Tongues shall cease, for as the languages of earth were caused by God's judgment for sin so shall Christ's redemption bring the nations back to one tongue. Knowledge shall be done away with by a wider and nobler intelligence. The twilight shall be lost in the day. Childhood shall be lost in maturity, for at Christ's coming we shall see him face to face and be like him. Love will always abide, for God is love.

#### The School of Gentleness.

With what infinite gentleness the Great Physician ministered to bruised reeds and broken hearts! What tender names he gave them! "Son!" "Daughter!" He was never rough, never brusque, never impatient, never in a hurry! His tender approach was part of the cure. His very touch had healing power. He handled the burdens of men in such a way as to immediately make them lighter. Many a broken heart was strangely comforted by his presence even before the life had been made whole. Most surely the hospital work of our Saviour was a school of gentleness!

## PERUNA

Made Me a Well Woman



No sufferer from catarrh of the stomach can read Mrs. Van Buren's letter without a feeling of thankfulness.

For Years Did Not Know a Well Day

Mrs. Mattie A. VanBuren, 17 Highland St., Grand Rapids, Mich., Past Commander Valley City Hive, L. O. O. F. M.

Liquid or Tablet Form Sold Everywhere

"I have spent a great deal of money with doctors for catarrh of the stomach and at times have been compelled to give up my household for days. For years I did not know what a well day was and cannot help but feel that I would not be alive to-day had I not been induced to try Peruna. Six bottles of Peruna made me a well woman."

### BUDDHA IN PLACE OF GOD

Eastern Leader's Shrewd Attempt to Stem the Onward March of Christianity in East.

Yamanaka was a strong Buddhist and a leader in the movement to revive and reform Buddhism and establish it as a bulwark against the rapid encroachment of Christianity.

He decided an excellent way to do this was to found a school for girls which would be more attractive than the Christian women's. So he erected fine buildings and installed modern methods. He hired good teachers. All the paraphernalia of the best western schools was taken over. In fact, the curriculum was about as close as it could be to that of the Christian school not far away. Buddhism was a prominent feature of the institution—not the old-fashioned Buddhism, but the new form which has borrowed from Christianity, even down to the Sunday school hymns. The girls were taught to sing the famous old Christian hymns with only the word Buddha substituted for that of Christ.

### Thousands Have Kidney Trouble and Never Suspect It

Applicants for Insurance Often Rejected.

Judging from reports from druggists who are constantly in direct touch with the public, there is one preparation that has been very successful in overcoming these conditions. The mild and healing influence of Dr. Kilmer's Swamp-Root is soon realized. It stands the highest for its remarkable record of success.

An examining physician for one of the prominent Life Insurance Companies, in an interview of the subject, made the astonishing statement that one reason why so many applicants for insurance are rejected is because kidney trouble is so common to the American people, and the large majority of those whose applications are declined do not even suspect that they have the disease. It is on sale at all drug stores in bottles of two sizes, medium and large.

However, if you wish first to test this great preparation send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing be sure and mention this paper.—Adv.

#### Gesticulatory.

"Twas a cold winter's day, and Abe and Ike had been walking together for some considerable time, in the usual Jewish manner, with their hands tucked in their sleeves, muff fashion, and neither had spoken a word the whole time.

Said Abe to Ike: "Why don't you say something, Ike?"

"Why me? You jolly well get your own hands cold," replied Ike.—London Ideas.

#### Exactly So.

"There is oil on this place and I am going to bore for it tomorrow."

"Well said."

Success comes to a man who goes out after it.

### Von Zeppelin's Career.

Count von Zeppelin, inventor of the airship which bears his name, was not killed in the war, but died of pneumonia at Charlottenburg, near Berlin, on March 8, 1917. He was born in 1838 and was a lieutenant of cavalry at the age of twenty-five, when, in April, 1863, he was sent to the United States as Prussian military attaché of the Union army in the Civil war, being attached to the Army of the Mississippi, in which Gen. Carl Schurz commanded a brigade. It was at that time that Count von Zeppelin had his first experience as an aeronaut, going up in a captive balloon belonging to the corps to which he was attached.

#### Sight Seeing at War Prices.

Recently the board of public works at Holyoke, Mass., had occasion to employ a man to inspect some boilers in a city building. Soon after it received this strange bill:

"To 5 looks, \$12."

The bill will be paid.—Cartoons Magazine.

No ugly, grimy streaks on the clothes when Red Cross Ball Blue is used. Good bluing gets good results. All grocers carry it—5c.

#### Comes Natural.

She—Do you think boys ought to be encouraged to fight?

He—In about the same measure that ducks ought to be encouraged to swim.

#### Paradoxical Result.

"Why is it young Boppis looks so knocked up?" "I think it is because his best girl threw him down."

## THIN PEOPLE SHOULD TAKE PHOSPHATE

Nothing Like Plain Bitro-Phosphate to Put on Firm, Healthy Flesh and to Increase Strength, Vigor and Nerve Force.

Judging from the countless preparations and treatments which are continually being advertised for the purpose of making thin people fleshy, developing arms, neck and bust, and replacing ugly hollows and angles by the soft, curved lines of health and beauty, there are evidently thousands of men and women who keenly feel their excessive thinness.

Thinness and weakness are often due to starved nerves. Our bodies need more phosphate than is contained in modern foods. Physicians claim there is nothing that will supply this deficiency so well as the organic phosphate known among druggists as bitro-phosphate, which is inexpensive and is sold by most all druggists under a guarantee of satisfaction or money back. By feeding the nerves directly and by supplying the body cells with the necessary phosphoric food elements, bitro-phosphate should produce a welcome transformation in the appearance; the increase in weight frequently being astonishing.

Increase in weight also carries with it a general improvement in the health. Nervousness, sleeplessness and lack of energy, which nearly always accompany excessive thinness, should disappear, dull eyes become bright, and pale cheeks glow with the bloom of perfect health.

CAUTION:—Although bitro-phosphate is unsurpassed for relieving nervousness, sleeplessness and general weakness, it should not, owing to its tendency to increase weight, be used by anyone who does not desire to put on flesh.

W. N. U., KANSAS CITY, MO. 25-1919.

## Brighten the Morning Meal

with a hot drink that gives refreshing invigoration.

## The Original POSTUM CEREAL

is so pleasing and satisfying that it has completely taken the place of tea and coffee in many homes everywhere.

Try this healthful Drink and note results.

Two sizes, usually sold at 15c and 25c.

At Grocers Everywhere!

### Stock Raising in Western Canada

is as profitable as Grain Growing

In Western Canada Grain Growing is a profit maker. Raising Cattle, Sheep and Hogs brings certain success. It's easy to prosper where you can raise 20 to 45 bu. of wheat to the acre and buy on easy terms.

**Land at \$15 to \$30 Per Acre—Good Grazing Land at Much Less.**

Railway and Land Companies offer unusual inducements to homeseekers to settle in Western Canada and enjoy her prosperity. Loans made for the purchase of stock or other farming requirements can be had at low interest.

The Governments of the Dominion and Provinces of Manitoba, Saskatchewan and Alberta extend every encouragement to the farmer and ranchman.

You can obtain excellent land at low prices on easy terms, and get high prices for your grain, cattle, sheep and hogs—low taxes (none on improvements), good markets and shipping facilities, free schools, churches, splendid climate and sure crops.

For illustrated literature, maps, description of lands for sale in Manitoba, Saskatchewan and Alberta, reduced railroad rates, etc., apply to Superintendent of Immigration, Ottawa, Canada, or

**F. H. HEWITT, 1012 Main Street, KANSAS CITY, MO.**  
Canadian Government Agent